# Orpington Day Nursery

### Created by our Family, for your Family





We are a small, private and independent family run and inspired 29 place full time Children's Day Nursery. We have been established since January 2014. I set the Nursery up with my son in mind. This was from selecting resources, food and recruiting staff. If it wasn't good enough for George and Samuel, then it simply wasn't good enough for anyone.

We are situated just off of Orpington High Street and have off road parking for drop off and collections. The station is 1.9 miles away and there are many bus links in the high street, which is a stones throw from the Nursery.



The Nursery is fully air conditioned for the comfort of the children and staff in the warmer months. We also have CCTV throughout the building for the safety of our Children and Staff Team. The front door is secure with camera access.

All of our staff are long serving and we have a very low staff turnover. As we are a small Nursery, all of our staff know the children and parents and vice versa. This makes for a very homely and personal environment for all.

We open from 7:30 - 6:00pm, 5 days a week. We close on bank holidays and for a week over Christmas. We charge for 51 weeks of the year, as opposed to 52 to factor in these recurring dates.

We serve 3 meals per day, as well as morning and afternoon snacks. We cater for all allergies and dietary requirements for our children. We support parents with weaning, as well as potty training and every other aspect of your child's early years journey. We forge strong and warm relationships with our children and parents and this also adds to our personal and homely environment.

We pride ourselves on the relationships that we build with parents and a lot of our families return to us time and time again. I am always here out of hours to answer any questions or queries that you may have, so you don't have to take time out of your working day if you are unable to do so.

Very best wishes and we look forward to hearing from you!

Sarah Faktor Nursery Director.

### Orpington Day Nursery





Welcome to our 2-5 year olds room. This is a very spacious room with 2 other rooms leading off of it, as well as free flow access to our secure and private garden area.

For more information or to book a <u>virtual tour</u> please call us on **01689 829 501** www.orpingtondaynursery.co.uk

## Orpington Day Nursery





This is one of our rooms off of our main room. We use this room for focused activities with smaller groups of children to support and enhance their learning and development. We also use this room for our naps after our lunch.

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### Orpington Day Nursery





Welcome to our baby room. We welcome babies from 3 months old. These rooms are cosy and homely so babies feel settled and at home during their time with us.

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### Orpington Day Nursery

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We have a "rolling breakfast" from 7.30 – 8.45 am. The children have a choice from the following cereals served with milk: Weetabix, Rice Snaps, Muti - grain Hoops and Malted Wheaties

All snacks served at 10:30am and 3:00pm and are prepared freshly daily and where possible the children help and have an input to what they would like. The children are offered a selection of fresh fruits and milk.

Bread used will either be 'Best of Both' or wholemeal. Where possible the children will be involved in the preparation of their food. For example at tea time making their own sandwiches.

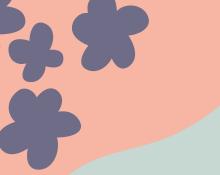
All of our meals are 100% home made with fresh good quality ingredients and are prepared daily on the premises. This includes soups, sauces and dips. Deserts are sweetened mainly with fruit

Please do let us know if you have any ideas or recipes on what we could include in our menus as your input is very important to us.

We always have alternatives for allergies and dietary requirements that children may have. Please do let us know straight away if your child's nutritional needs change at all.



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### Orpington Day Nursery - example menu

### **Rolling Breakfast**

Children are offered a choice of Weetabix , Malt Wheats , Multigrain Hoops Rice Snaps with milk or Wholemeal Toast with margarine

	Lunch	Dessert	Tea
Monday	Turkey and Tomato Pasta served with mixed vegetables (V) Quorn Tomato Pasta served with mixed vegetables.	Fromage Frais	Bagels served with Cream Cheese and vegetable sticks
Tuesday	Chicken and Butternut Squash Curry served with Basmati rice (V) Quorn and Butternut Squash Curry served with Basmati rice	Peach Tarts	Bread Thins served with Egg Mayonnaise or Gammon slices
Wednesday	Salmon Fish Fingers served with buttered new potatoes and petit pois (V) Vegetarian Sausage served with buttered new potatoes and petit pois	Chocolate Biscuit	Carrot and Sweet Potato Soup served with Garlic Bread
Thursday	Cottage Pie served with garden vegetables (V) Vegetarian Pie served with garden vegetables	Date and Cinnamon Cup Cakes	Soft Rolls served with Cheese and Cucumber Sticks
Friday	Turkey Meatballs in a Tomato and Vegetable Sauce with served with spaghetti (V) Quorn and Vegetable Spaghetti Bolognaise	Apple and Vanilla Sponge	Homemade Baguette Cheese and Tomato Pizza



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